

CONNECT WITH US



www.swiamhds.com

Our region website includes such things as resource information, trainings, meeting agendas and minutes, contact information, and application information.



Southwest Iowa MHDS Region

Like us on Facebook to stay updated on region announcements and upcoming events.



227 S. 6th Street, Suite 128

Council Bluffs, IA 51501

Central Office

Hours: M-F, 8 am - 4:30 pm

Closed all major holidays.



712-328-5812

Call this number for resource and referral information.



REGIONAL OFFICES

(Central Office)

227 S. 6th Street, Suite 128

Council Bluffs, IA 51501 712-328-5645

719 Market St

Harlan, IA 51537

844-934-4222

105 Coolbaugh St

PO Box 469

Red Oak, IA 51566

712-623-6541

For additional resources in Southwest Iowa, go to www.swiamhds.com and click on the "Resource Connection" tab.



The support you need is just around the corner.

In this brochure, you'll find a number of ways to access our resources no matter where you are in Southwest Iowa.

THE SUPPORT RESOURCES YOU NEED

SWIA MHDS provides residents of Southwest Iowa the resources needed to help manage mental health disabilities and intellectual/developmental disabilities.

Help is nearby and available when you need it with multiple points of access to care that support mental health and disability needs, including multi-occurring substance use, brain injury or other complex service needs.

OUR MISSION

To provide a responsive and welcoming system of support for overall mental wellness

OUR VISION

Empowering individuals and instilling hope for their future

OUR VALUES

Welcoming

It is important to us, that we are approachable and positive.

Open-minded

We do not judge; we want to listen.

Compassionate

Our work is hard at times, but we love it.

Helpful

We will meet you where you are at with kindness and respect.

Understanding

Your story is important to us.



GENERAL ELIGIBILITY

- Reside in the Southwest Iowa Region
- Meet financial and resource guidelines
- Adult with a mental health diagnosis or a diagnosis of an intellectual or developmental disability
- Child diagnosed with a Serious Emotional Disturbance (SED)



Services/Resources Available in the Region

- Intake, resource and referral
- Service coordination
- Outpatient or inpatient mental health care
- Justice involved services
- SSI/SSDI outreach, access and recovery (SOAR)
- Mental Health First Aid classes
- Community education programs
- Crisis services
- Additional services listed in the SWIA MHDS Region management plan



www.MentalHealthFirstAid.org



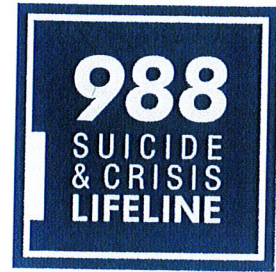
Central Office
(712) 328-5645



Cass County
Fremont County
Harrison County
Mills County
Monona County
Montgomery County
Page County
Pottawattamie County
Shelby County

www.swiamhds.com

CRISIS STABILIZATION SERVICES



712-303-7066

Harbor Point provides a short term (up to 5 days), safe, caring home in the community for those experiencing a mental health crisis.



Heartland Family Service
Mental Health Crisis Response Team (MHCRT)

MHCRT therapists are contacted by law enforcement or other professionals to assist individuals in crisis.

MHCRT is available 24/7 - 365 days a year.

ACCESS POINTS

PROVIDER	ADDRESS	PHONE NUMBER
CHI Health Missouri Valley Psychiatric Associates	704 N. 8th St Missouri Valley, IA 51555	712-642-2045
CHI Health - Mercy Hospital	800 Mercy Dr Council Bluffs, IA 51503	712-328-5000
CHI Health Psychiatric Associates	801 Harmony St, Suite 302 Council Bluffs, IA 51503	712-328-2609
Burgess Mental Health	1600 Diamond St Onawa, IA 51040	712-423-9160
Heartland Family Service	515 E. Broadway Council Bluffs, IA 51503	712-322-1407
Jennie Edmundson Hospital	933 E. Pierce St Council Bluffs, IA 51503	712-396-6000
Southwest Iowa Mental Health Center (Zion)	2307 S. Olive St Atlantic, IA 50022	712-243-2606
Myrtue Medical Center - Behavioral Services	1110 Morningview Drive Harlan, IA 51537	712-755-5056
Waubonsie Mental Health Center	216 W. Division Clarinda, IA 51632	712-542-2388

INTEGRATED HEALTH HOME

A coordination model (not a home) that facilitates access to an interdisciplinary array of medical and behavioral health care, community-based services and supports for Medicaid eligible individuals.

AGENCY	PHONE NUMBER
Children's Square USA	712-256-8888
Heartland Family Service	712-256-4556
Plains Area Mental Health Center	712-225-1490
Southwest Iowa Mental Health Center (Zion)	712-243-2606
Waubonsie Mental Health Center	712-542-2388